ASK DISCIPLESHIP

A Simple 12-Week Plan

for discipling a new believer

Meet once a week, read a lot of the Bible in between, and use questions instead of lectures. Adjust the pace to the person.

WEEKS 1–2 ☐ Week 1 ☐ Week 2

Assurance and the gospel

- ☐ Ask them to tell you in their own words how they came to follow Jesus.
- ☐ Then walk through the gospel together: we have sinned, Jesus died for our sins and rose again, and everyone who trusts him is forgiven and made new.

READ 2 Corinthians 5:17

ASK What has changed since you decided to follow Jesus? What questions do you have?

WEEKS 3–4 ☐ Week 3 ☐ Week 4

Building a Bible-reading habit

- ☐ Start reading a Gospel together, such as Mark or John.
- ☐ Help them pick a daily time and place.
- ☐ Meet each week and talk about what stood out, what they learned about God, and what God is asking them to obey.

READ Mark or John

ASK What did you notice about Jesus this week? What is one thing you want to do because of what you read?

WEEKS 5–6 ☐ Week 5 ☐ Week 6

Prayer and dealing with sin

- ☐ Teach them to pray by praying with them, simply and out loud.
- ☐ Pray through what you read.
- ☐ Talk honestly about temptation and sin.

READ 1 John 1:9

ASK What's hardest about praying? Is there anything you need to confess?

WEEKS 7–8 ☐ Week 7 ☐ Week 8

Baptism and church

- ☐ Read Romans 6:3–4 together and talk about what baptism pictures
- ☐ Talk with your church leaders about the next step.
- ☐ Make sure they're connected to a regular gathering of believers: a church service, small group, house church, or campus ministry.

READ Romans 6:3–4

ASK What questions do you have about baptism? Which gathering could you be part of each week?

WEEKS 9–10 ☐ Week 9 ☐ Week 10

Sharing their story

- ☐ Help them write a short version of their story: life before Jesus, how they met him, and what's different now.

READ John 4

ASK Who in your life should hear your story? Who could we pray for together?

WEEKS 11–12 ☐ Week 11 ☐ Week 12

Inviting someone else

- ☐ Encourage them to invite one or two friends to read the Bible with them, and offer to help them get started.

ASK Who are one or two friends you could ask to start reading with you? How can I help?

What to read with a new believer

- ☐ **Start with a Gospel.** Mark is short and fast.
- ☐ **Then Acts.** It shows what the first disciples did next.
- ☐ **Then the letters.** Romans, Ephesians, Philippians, and 1 John are good early choices.
- ☐ **Keep going.** Over time, aim to read the whole Bible.

From "How to Disciple a New Believer" at askdiscipleship.com/how-to-disciple-a-new-believer